

Hike The Trails

LEVEL ONE

LOCATION	Adelphi/Bamboo Falls
EST. TIME	1 hour each way
TERRAIN	River Crossing, Hilly

LOCATION	MT Carmel
EST. TIME	15 Minutes Each Way
TERRAIN	Hilly, Inclines

LOCATION	Welcome Stone
EST. TIME	20 minutes each way
TERRAIN	Rocky and Hilly

LOCATION	Clabony Sulphur Spring
EST. TIME	15 minutes each way
TERRAIN	Hills and wet terrain

LOCATION	St David Blow Hole
EST. TIME	20 minutes
TERRAIN	Rocky terrain

Level 2 (Moderate to High Level Fitness)

LOCATION	7 Sisters (First Fall)
EST. TIME	45 min each way
TERRAIN	Wet, Inclines, Challenging at specific junctures

LOCATION	Honeymoon Falls
EST. TIME	45 min each way
TERRAIN	Wet, Inclines, Challenging at specific junctures

LOCATION	Aux Coin
EST. TIME	45 minutes
TERRAIN	Wet terrain Rocky
	River crossing

LOCATION	Fountain Bleu
EST. TIME	45 Minutes
TERRAIN	Wet Rocky
	River crossing
LOCATION	La Cassee Water
EST. TIME	45 minutes each way
TERRAIN	Terrain wet hilly River crossing

LOCATION	Baileys Waterfall
EST. TIME	1 hr each way
TERRAIN	Wet, Hilly, River Crossing

LOCATION	Cubulal Mountain
EST. TIME	1.4 hrs each way
TERRAIN	Steep inclines, Hilly and Mountainous (Depends on Start Point)

Level 3 (Difficult-High Level of Fitness)

LOCATION	Mt Qua Qua
EST. TIME	1.5 hrs each way
TERRAIN	Mountainous, Steep inclines, Rugged terrain

LOCATION	Golden Falls
EST. TIME	1.5 to 2 hrs each way
TERRAIN	Hilly, Mountainous, Wet

LOCATION	Rainbow Falls
EST. TIME	1.5 to 2 hrs each way
TERRAIN	Hilly, Mountainous, Wet

LOCATION	Fedons Camp
EST. TIME	2 hrs each way
TERRAIN	Steep inclines, Rugged terrain

LOCATION	Fedons Camp to Mt Qua Qua to Grand Etang
EST. TIME	7-8 hr Hike
TERRAIN	Hills, Valleys, Steep Inclines, Rough Terrain

LOCATION	Mt St Catherine
EST. TIME	6-7 Hour Hike
TERRAIN	Rough terrain, Steep inclines

LOCATION	Grand Etan to Concord
EST. TIME	8-hour hike
TERRAIN	Steep Inclines, River Crossings, Rough Terrain